

The Early Hours

Press Kit



Blurb

Every artist transforms throughout their time. The *Early Hours* is a goodbye to the first incarnation of Adam Gary, the quick firing beat inspired poet of youth, to a more thorough, thoughtful and dedicated poet on the cusp of his 30s. Maturity and craftsmanship is on the menu now, and as we say a fond farewell to old, we are served a delightful starter of what is yet to come, which may well be the main dish of Adam's poetic journey with some of the newer poems included in the *Early Hours*, of which a rather moving titular poem bids us farewell until Adam's next venture which perfectly closes this chapter in Adam's work, telling us that it is okay to start from point A. progressing and learning all the way through to point B.

About Adam

Adam Gary was born on May 5th 1992, and raised in London, England. Adam first realised his interest in acting at the age of 6, and has gone on to perform in many various productions, and worked on major Hollywood blockbuster film sets. Adam is also an alumni of The National Youth Theatre of Great Britain, an exciting theatre company that has nurtured some of the best British talent throughout the last six decades.

Currently Adam is working on creating his extensive fictional universe, '[Nerdians](#)', and continues to explore new styles of poetry. Having already released four collections of poetry, as well as exclusive online collections for his [Patreon](#) every month, Adam has quickly gained himself an online following for his work.

In 2020, Surrey History Centre contacted Adam having headhunted him to request his permission to archive his early pandemic poem 'And In Our Loneliness We Came Together' for their Covid archives.

In 2021 Adam launched [The Poetry Cove](#). An initiative to seek out and promote the best undiscovered poetic talent from around the world!

Adam Gary

FAQs

Q) What inspired this collection?

A) I have been on this journey of writing poetry for a while now. Completely self taught. I feel there's been so much growth in my style and understanding of the craft, and of course I'm an artist, so terribly insecure about my early work. Having gained the following I have, I've seen first hand that so many other poets question their work and whilst I have realised there needs to be revisions in my other collections, I came to the conclusion that actually it is something to be proud of. Seeing how far I have come. I am saying goodbye to my old self as a poet with this book, reflecting and reworking some older pieces I really liked, but at the same time I am showcasing some newer styles... welcoming and introducing the new me. I want readers to read this collection and know that it is okay to be a beginner; we all were at some point and if you keep going... you can only develop and improve. Hopefully that excites them enough to want to read the newer, more developed work I have coming up.

Q) Speaking of developing as poets and your followers being beginners, how does it feel to be doing what you're doing with The Poetry Cove and your YouTube how to videos?

A) I am entirely self taught. I come from an acting

FAQs

background. I know all too well the struggles of the common man (or lady) to get your foot in the door. It's really not easy, and incredibly taxing on a struggling artist's mental health. We have to be there for each other. I get pleasure out of lightening the load for anyone who is seeking answers. That's why I founded The Poetry Cove.

The entertainment industry can be ridiculously pretentious, I believe if you have the courage to do what you want to do and especially if you have the talent of course, then you deserve every opportunity. I want to be the person that gives opportunities to those seeking it.

Q) What makes a good poem?

A) Heart. You can know all the forms and techniques in the world; be friends with as many influential industry people that fills a theatre, but if your poetry isn't written from the heart, the soul... it is obvious. That's why beginners deserve every opportunity given to those who have 'paid their dues' too. Because you don't need all the fancy know how to be a good poet, not really (though it does certainly help, don't get it mistaken). That's another reason that I founded The Poetry Cove. We realise how precious raw talent is.

We're not here to gatekeep.

FAQs

Q) What are the themes you love to write about?

A) I think a factor in all great poetry is the fact that it dives into the very basic nature of being human. My last acting coach Gary Condes always used to say, there are only three emotions. Happiness, Sadness, and Fear. Everything else is just a strain of that. You can make of that what you will, but my point is I think it is important that all poetry gets to the very core of what we as a species are. I very rarely write about happier subjects, I don't think it is quite as tangible. I think when people read a poem on sadness or fear it is a relief to know they're not alone, much like it is a relief for the poet to express what they are feeling so they can move past it. I find the darker side of life easier to tackle and wrestle onto the page, as I think most poets do. I like to think I do it in a lighter way than others, though. In terms of themes and imagery, I think I always lean towards the wandering poet image. It's how I live my life. I've always seen myself as a lone, wandering wolf. I'm an only child so have spent the majority of my life on my own. It's the biggest reason I fell into writing and never left. Here I was, writing a short film to help my acting career and suddenly I didn't have to deal with overexcited personalities screaming and jumping around. I could work in peace without anyone else looking over my shoulder! Ha! I'm such an anti-social, miserable man really, aren't I? But

FAQs

yes, I am always fascinated by the imagery of a wandering artist, trying to find his way. I think that has been in all my collections so far, purely because that is who I am. I am very inquisitive and very lost, especially right now at 29. I

am really going through some existential crisis shit, realising I'm not this immortal youth, as my bones start aching, my body is storing more fat, and I can't go for the kinds of walks I used to; and I'm constantly questioning whether I'm on the right path or not, too! Should I just give in to a 9-5 career. What am I DOING? You know? I think people assume I have my shit together because I'm just very particular about what I put out and how I want to be perceived, but I'm just like everyone else in so many ways!

I just want to understand things in the world, and I do that through poetry.

We strongly encourage reviewers and bloggers to contact us for their own individual interviews. Adam would love to hear and speak with each of you personally so please do reach out with questions of your own if you are looking to include a deeper look at the collection in your post.

Early Praise



Adam has gone from a student of the art, to a poetic trailblazer of his generation. Creating opportunities for poets around the world, teaching poetry writing with his YouTube videos. Closing a chapter with this marvellously varied collection of work, and having shared with me his plans and visions for the future, Adam Gary is a poet to keep your eye on!

- Stewart Marshal

Co-Founder of The Jubilee Pub Theatre

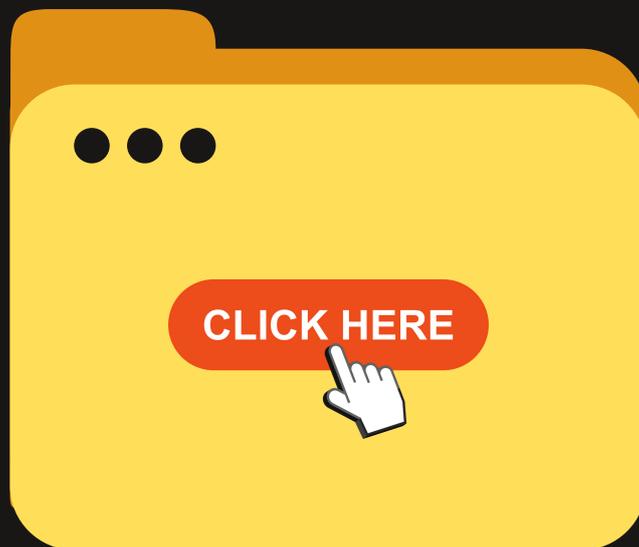
Nobody does more for the online poetry community or works harder than Adam Gary. He has a distinct voice and personality that shines through in this collection just like all of his other work. His commitment to shining a light on the craft, undiscovered talent, and of course his own work deserves recognition and respect. This is a wonderful insight into the journey of a unique, thoughtful poet and visionary.

- Mark Thorn

Author, Poet

Media Assets

Click the folder below to be taken to the media assets we have provided for use in your post.



A word from Adam

Thank you so much for giving me your time and effort. This is such a transformative collection for me in my journey, and one that I will hold very close to my heart.

I hope you enjoy every page and I cannot wait to read your thoughts on it.

Thank you.

Adam Gary